2003-04 MIAC MEN'S SWIMMNG & DIVING PREVIEW

The 2003-2004 MIAC men's swimming and diving championships will take place February 12-14 at the University of Minnesota Aquatics Center. Gustavus is looking to record their 4th conference championship in the past five years.

The Gusties will be led by MIAC champion Will Sutor in the 200 IM and 100 fly, Brad Hammer (breaststroke), Marc Maynard (200 med. relay), Mike Maynard (backstroke), and Seth Weidman (backstroke).

Saint John's University will look for a balance of experience and talent after finishing second last season. The Johnnies will be led by four swimmers who all have experience as finalists in the MIAC Championships. Matt Hoffman, Philip Nielsen, Richard Martinson, and Andy Sjodin have all been finalists in the conference meet and look to continue their dominance in their senior year.

St. Olaf enters the season determined to compete for the MIAC championship they last won in 2001. The strength of the Oles looks to be their over-all depth as well as an outstanding first-year class. The Ole men return six All-MIAC performers including All-American individual medley swimmer Mark Glineburg, Eric Palmer in the breaststroke, Adam Garrett in the butterfly, Lee Thomsen, swimming the freestyle, and Patrick Marzolf in the individual medley.

Carleton will look to remain among the elite teams in the MIAC, but it will not be an easy task with the loss of MIAC Swimmer of the Year Jason Brown. The Knights will rely heavily on juniors Kellen Edelbrock, Andy Evans, Dave Farina, Michael Thorsen, and sophomore Ted Mullin to challenge for the MIAC title.

St. Thomas and Macalester will both try and make a push towards the top of the conference after last year's 5th and 6th place finish, respectively, at the MIAC Championships. The Toms graduated Nick Schleder from last year's team but return a solid core of veteran performers. Junior Dave Linn, a 2003 Verizon Academic All-American, is looking for his third trip to nationals in the backstroke events. Three juniors -- John Kuykendall (sprints) and co-captains Paul Stahler (distance) and Adam Goebner (distance) will add veteran leadership. With heavy losses to graduation this looks to be a rebuilding year for the young Macalester Scots. Four men return from last year's squad including junior Chucky Baldner, who has been one of the top distance freestylers in the conference during his first two seasons and should once again be a conference finalist in the 500 and 1650 freestyle. Fellow junior Bo Rydze was a finalist on both the one- and three-meter boards last season and hopes to continue his climb to be among the elite divers in the MIAC. Sjon Swanson was among the top sprint and breaststroke specialists in the 2002 Championships, but injuries kept him from competing last season.

Saint Mary's will rely on four upperclassmen and the incoming freshman class to improve on last year's 7th place finish. Logan Twedt, Tony Gruenke, Sean Gibson, and Brian Travers will carry the load for the Cardinal's this season.

Hamline first-year head coach Andy Hanson enters the season with five swimmers and one diver on the men's swimming and diving team. The men's team finished eighth in the MIAC a season ago. With no seniors on the team, Hanson is looking forward to the progress of the team this season. John Burgess and Ed Allegeyer will lead the way for the Pipers as they look to improve this year.

MIAC Swimming and Diving Online Previews:

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Carleton College		
II	Andy Clark (11th year)	
Coach:		

'03 4th place at MIAC Championships MIAC Meet: Kellen Edelbrock, Jr., 500 free, 400 IM, 1650 free Key Andy Evans, Jr., 100 breast, 200 free, 100 free Returners: Dave Farina, Jr., 400 IM, 200 breast Ted Mullin, So., 500/1650 free David Sukovich, Sr., 100/200 fly Michael Thorsen, Jr., 50/100/200 free Carleton enters the 2003-04 season, the 11th under head coach Andy Clark, with a challenge Season to remain among the elite programs in the ultra-competitive MIAC. They must replace Jason Preview: Brown '03, a seven-time individual MIAC champion and two-time All-American. Clark knows that replacing two-time MIAC Championships Swimmer of the Meet Brown is a formidable task, but one his team can accomplish. "With both programs that can pose a seemingly incredible task, but I think at the same time it opens the door for other people to step up and really grab a piece of the responsibility for the team to have a great season," he said. "We've got some great leadership in the captains who are both seniors, Justin Bauer and Miller Cochran, and we have a good core of juniors who are coming along with that as well." While the Knights will be without a "superstar" swimmer in the line-up in 2003-04, they'll rely instead on a deep line-up to produce points. Juniors Andy Evans, Michael Thorsen, and Kellen Edelbrock are the leading juniors who have a great shot of being in the top eight in most of the events at the MIAC Championships, if not all of them, according to Clark. "That's our goal is to get every single guy to get into the top 16, and for those who have top-eight talent, to make sure they're there through day-in , day-out consistent training," he said. Bauer and Evans helped the Knights set two new relay school records and Edelbrock scored in both freestyle distance events at last year's conference championships meet. Sophomore Ted Mullin made huge time drops at the end of last season, and the Knights will look to him in the distance events as well. Thorsen joined Evans and Edelbrock on the record-setting relays and will need to score points in the individual events as well. Senior David Sukovich is Carleton's top returning butterfly specialist, having scored at the 2003 MIAC Championships in the 200 butterfly. Will Kruesi and David Friedlander-Holm are the two top newcomers, according to Clark. "Dave's a very good freestyle swimmer," Clark said. "If there's anyone that's similar to Jason Brown in terms of talent and potential, it's someone like him who has a lot of room for growth." Clark also expects Kruesi, a backstroker, to finish in the top eight in the conference. "Both of those guys should be top eight in all of their events in the conference, so they'll make an impact right away," Clark said. "Both of them are super eager." He also pointed to Jack Gibbons, who deferred entering Carleton for a year, to bring depth to the sprinting events for the Knights. The Knights will get a trio of athletes back in the pool after Carleton's winter break, as Austin Lau, David Farina and John Floberg spent the fall term in off-campus programs. All three scored in their respective events at last year's conference meet and should give the Knights a boost after the holiday break. Clark knows the Knights have a huge challenge to remain among the conference's elite teams in 2003-04. "The challenge for us is how can we hold onto a fourth place finish and how can we close the gap to that third place team," Clark said. "Lots of things can turn around for a variety of reasons but I think the men's team, as far as outcome, the goal is to say 'at a minimum

we're fourth, at the maximum maybe we can close the gap to third'."

Gustavus Adolphus College		
Head	Jon Carlson (14th year)	
Coach:		



'03	1st at MIAC Championships	
Key Returners:		
Season Preview:	Three conference championships in the past four years have provided the Gustavus men's swimming and diving program with the most success it has seen since the 1950s, when the team won six titles in a row. With three conference champions gone from last year's team that claimed the MIAC crown by a 181.5 point margin, Head Coach Jon Carlson's squad will need to rely on a mixture of tested veterans and talented newcomers to stay on top of the conference. Will Sutor is the team's lone individual conference champion back for the 2003-04 season. He holds the school records in the 200 IM and 100 butterfly. Sutor has also been a member of the school record 200, 400, and 800 freestyle relay teams. Mike Maynard and Jeff Pearson enter the year as two of the conference's best backstrokers. Both finished in the top four in the 100 and 200 backstroke at last season's conference meet. Seth Weidmann is one of the team's most versatile swimmers. He earned points at the conference meet in the 200 IM, 200 backstroke, and 200 butterfly. Brad Hammer had an outstanding first year in the program in the breaststroke. He placed in the top five in both the 100 and 200 events at the conference competition. Marc Maynard returns as one of the team's best freestyle swimmers. Two high school All-Americans, Michael Bohnett (Plymouth, MN) and Scott Hagemeyer (Willmar, MN), headline a list of newcomers to the program. Fellow freshmen Brian Amundson (Blaine, MN), Nick DeLeeuw (Hutchinson, MN), TJ McMillan (Tonka Bay, MN), and Josh Waylanderhe (Montevideo, MN) all earned all-state honors in high school.	
	The team has already participated in three dual meets this season and has posted a record of 1-2 while competing against St. Olaf, MSU, Mankato, and UW-Stevens Point. Gustavus returns to action December 5 and 6 at the Lawrence Invitational in Appleton, Wisconsin, the final competition before the winter break. The Gusties then participate in a series of competitions in January in hopes of preparing well for the MIAC meet the second weekend of February.	

Hamline University		
Head Coach:	Andy Hanson (1st year)	
'03 MIAC Meet:	8th place at MIAC Championships	
Key Returners:	John Burgess, So., Oakdale, Minn. (North St. Pa Ed Allegeyer, Jr., Minneapolis, Minn. (Minneapolis	
Season Preview:	Ed Allegeyer, Jr., Minneapolis, Minn. (Minneapolis South) First-year head coach Andy Hanson enters the season with five swimmers and one diver on the men's swimming and diving team. The men's team finished eighth in the MIAC a season ago. With no seniors on the team, Hanson is looking forward to the progress of the team this season. Sophomore John Burgess (Oakdale, Minn.), the top returning sprinter, first-year Ryan Beckman (Red Wing, Minn.), first-year Andrew Jagger (White Bear Lake, Minn.), and junior Ed Allgeyer (Minneapolis, Minn.) have set a goal of beating the school's medley relay record. Hanson knows it will be tough with the low numbers, but is proud of the way his teams stick together. "The general attitude is the most important thing. It is up to the captains and	

<u>Macalester College</u>		
Head Coach:	Bob Pearson (15th year)	
'03 MIAC Meet:	6th place at MIAC Championships	
Key Returners:	Chucky Baldner (Jr., Antigonish, Nova Scotia) dis Sjon Swanson (Jr., Rosemount, Minn.) breaststro Bo Rydze (Jr., Iowa City, Ia.) diving	•
Season Preview:	Sjon Swanson (Jr., Rosemount, Minn.) breaststroke / sprint freestyle Bo Rydze (Jr., Iowa City, Ia.) diving With heavy losses to graduation this looks to be a rebuilding year for the young Macalester Scots. Four men return from last year's squad and are anxious to prove their mettle. Junior Chucky Baldner has been one of the top distance freestylers in the conference during his first two seasons and should once again be a conference finalist in the 500 and 1650 freestyle. Fellow junior Bo Rydze was a finalist on both the one- and three-meter boards last season and hopes to continue his climb to be among the elite divers in the MIAC. Sjon Swanson was among the top sprint and breaststroke specialists in the 2002 Championships, but injuries kept him from competing last season. If he can stay healthy Swanson has the ability to not only set some new school records but possibly even qualify for the national championships. The final returning member of the team in sophomore Craig Moodie. Moodie enjoyed a memorable season by posting lifetime best times in the 50 and 100 free as well as in the 100 and 200 breaststroke. His 100 breaststroke time also placed him on the junior national team in his native Jamaica. Three newcomers are going to have to play an important role if the Scots are to stay competitive. Zack Adams, Vincent Garcia and David Wright are hoping to do just that, adding depth by being able to swim almost any event in the lineup.	

	hn's University	
Head Coach:	Bill Saxton (6th year)	
'03 MIAC Meet:	2nd place at MIAC Championships	
Key Returners:	Aaron Monson, Jr., Diver, Ham Lake - finished simeet Sam Omann, So., Diver, St. Stephen - finished the Luke Prokop, So., Brst/IM, Grand Rapids - memberelay team; national qualifier in 100- and 200-yearic Anderson, So., Free/IM/Back, West Des Moifreestyle at '03 MIAC meet Kip Winden, So., Distance Free, Minneapolis - finat '03 MIAC meet Kerry O'Neill, So., Sprint Free, Inver Grove Heig freestyle relay team	hird in one-meter diving at '03 MIAC meet per of '03 MIAC champion 400-yard medley ard breaststroke nes, Iowa - finished third in 1,650-yard nished second in 500- and 1,650-yard freestyle

Season Preview:

The 2003-04 season for the Saint John's University swimming and diving team looks to be a balance of experience and talent. After finishing second in the Minnesota Intercollegiate Athletic Conference Championships during the 2002-03 season, SJU will be looking to combine its talented youth with its seasoned athletes to keep themselves in the top three in the conference.The seniors will be led by four swimmers who all have experience as finalists in the MIAC Championships. Matt Hoffman, Hastings; Philip Nielsen, Eden Prairie; Richard Martinson, Waverly; and Andy Sjodin, Wyoming, have all been finalists in the conference meet and look to continue their dominance in their senior year.Leading the junior class will be David Williams, Sartell; and Aaron Monson, Ham Lake. Williams is a returning All-American and has been a three-time conference champion. Monson has been one of the top divers in the conference for the past two years. Both Williams and Monson will play vital roles in this year's conference race.Luke Prokop, Grand Rapids, will lead a very talented sophomore class that is sure to pull more than its own weight during the season. Last season Prokop was conference champion and broke the meet record in the 200-yard breaststroke. Prokop then went on to the NCAA Championships, where he became an All-American in the same event. Eric Anderson, West Des Moines, Iowa; and Kip Winden, Minneapolis, who placed second and third respectively in the 1,650-yard freestyle, will lead the distance core for SJU. Sam Omann, St. Stephen, double finalist in diving, will be one of the top divers in the conference. Kerry O'Neill, Inver Grove Heights, was a conference finalist in the 50, 100 and 200-yard freestyle events and was a member of the 400-yard freestyle relay team that earned conference championship honors. The freshman class shows a great deal of promise and will be counted on to help SJU continue its push towards the top of the MIAC. Casey Larson, Burnsville; Grant Sallstrom, Burnsville; Sam Christianson, Fargo; and Joey Chapman, Stillwater, will all be counted on in the 50 and 100yard freestyle events. This will be important for the Johnnies with the graduation of its top two sprinters from last season - Luke Vestrum and national finalist Jim Arnold. SJU will be in good hands with this talented group of freshman sprinters.The Johnnies will again be coached by Bill Saxton, who begins his sixth season in Collegeville. Saxton is also head coach of the College of Saint Benedict women's swimming and diving team.

Saint Mary's University		
Head Coach:	Eric Lindquist (5th season)	
'03 MIAC Meet:	7th place at MIAC Championships	
Key Returners:	Logan Twedt (Jr., freestyle, Hastings, Minn.) Tony Gruenke (Sr., freestyle, Sheboygan, Wis.) Sean Gibson (Jr., freestyle, Chicago, Ill.) Brian Travers (Jr., freestyle, Chicago, Ill.)	

SeasonPreview: A year ago, Saint Mary's University swimming and diving coach Eric Lindquist had the luxury of a pair of rosters that were near-capacity.

And thanks to those large rosters the SMU men¹s team not only won a pair of dual meets, but also placed a respectable seventh in the Minnesota Intercollegiate Athletic Conference Championships

"It was nice to have the numbers," said Lindquist. "And I think everyone was able to see what this program can accomplish when we are at full strength."

What a difference a year can make.

Instead of being somewhere in the middle in terms of roster size, Lindquist finds his teams on opposite ends of the spectrum as they prepare for the 2003-2004 season, which kicks off Oct. 31 at Macalester.

Senior Tony Gruenke, and juniors Logan Twedt, Sean Gibson, and Brian Travers are the lone upperclassmen on this year¹s team .

"It's kind of a tough situation to be in," admitted Lindquist. "Coming into the (school) year, I felt pretty good about our recruiting class, but once school started, people decided not to go out, for whatever reason, and so we're left with just the four guys."

Complete preview: http://sports.smumn.edu/swimming/2003/newsletter/swpreview.html

St. Olaf College		
Head Coach:	Dave and Bob Hauck (15th year)	
'03 MIAC Meet:	3rd place at MIAC Championships	
Key Returners:	Mark Glineburg (So. ind. medley) Eric Palmer (breaststroke) Adam Garrett (butterfly) Lee Thomsen (freestyle) Patrick Marzolf (ind. medley)	
Season Preview:	Lee Thomsen (freestyle)	

University of St. Thomas

Head	Tom Hodgson (24th year)	
Coach:		
'03	5th place at MIAC Championships	
MIAC Meet:		
Key	Dave Linn: JR/ Back, IM, Free / Milwaukee, Wis. / MIAC Backstroke Champ,	
Returners:	rs: Acad. All-American, 2x NCAA Qualifier, HM All-American	
	John Kuykendall: JR / Sprints / Bettendorf, Iowa	
	Paul Stahler: JR / Distance Free / Prior Lake, Minn.	
	Adam Goebner: JR / Distance Free / Bloomington, Minn.	
Season	The Toms graduated Nick Schleder from last year's team that placed fifth at the 2002-2003	
Preview:	: MIAC Championships, but return a solid core of veteran performers. Junior Dave Linn, a 2003	
	Verizion Academic All-American, is looking for his third trip to nationals in the backstroke	
	events. Three juniors John Kuykendall (sprints) and co-captains Paul Stahler (distance) and	
	Adam Goebner (distance) add veteran leadership.	